

Dear Parents/Guardians,

Many students in our school have severe life-threatening allergies to nuts.

These may include peanuts, peanut butter, peanut oil, nut flavorings. These allergies are not only triggered by ingesting the products but through touch and inhalation as well.

Even small amounts of residue can cause an allergic reaction.

We are making every effort to ensure that these children's safety and health are not jeopardized, but we need your help. You can help by sharing with your child a few precautions.

\*\*\*\*If your child has eaten peanut product before coming to school or while at school, please ask them to wash their hands and face to remove any trace of peanut products.

\*\*\*\*If you are considering celebrating your child's birthday at school, please consider pencils, stickers, erasers or other non-edible treats instead of food items.

In addition to peanuts/nuts allergies, other students have allergies to other food, such as, but not limited to, milk, wheat, eggs; or they are limited to what they can eat due to other health conditions, such as Diabetes, and these students would have to be excluded from edible treats as well.

Non-edible treat will be something ALL students could enjoy.

Thank you in advance for your consideration in making the school environment safe for these children.

Together we can make the school a safe and healthy learning environment for all of our children.

If you have any questions, please feel free to call me at 703-590-0344.

Rannveig Fredheim

School Nurse